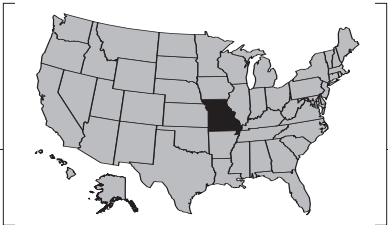


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Missouri

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	15.6
Age 10-11	21.9	20.3
Age 12-14	14.4	15.7
Age 15-17	10.7	12.4
0-99% Federal poverty level	22.4	25.5
100-199% Federal poverty level	19.0	16.9
200-399% Federal poverty level	13.7	17.1
400% Federal poverty level or more	9.1	7.7
Male	18.1	17.2
Female	11.5	13.9
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	72.1
Age 10-11	78.2	79.6
Age 12-14	74.2	74.7
Age 15-17	63.3	64.2
Male	76.8	77.3
Female	65.6	66.5
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	60.2
Age 10-11	61.5	64.5
Age 12-14	61.6	60.6
Age 15-17	53.4	57.1
Male	62.1	63.7
Female	55.0	56.7
Percent of children with at least one parent who exercises regularly	72.9	76.6